National Aeronautics and Space Administration

The 2009 NASA Headquarters

Health and Safety Fair

When:
Wedesday, June 24, 2009
10 a.m. to 2 p.m.

Where:
West Lobby, Auditorium, Multipurpose Room, and Glennan Conference Center

Join us for an informative and fun health education experience!

Participants from different organizations will be present to provide a variety of health-related services such as free screenings, literature, and consultations.

Mind-Body Techniques for Psychological Health

Healthier NASA, Healthier You

Mindfulness-Based Stress Reduction

Self-Defense Demo . . . . . And More ! !

Complete a health fair survey to enter the raffle drawing for prizes including a 30-minute massage, pedometers, and other great items!

www.nasa.gov